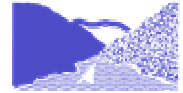


M.O.P. Residential Kit List



Sleeping bag and pillow

Wash kit and towel

Night wear (warm & practical)

Underwear and socks

2 or 3 sets of activity clothes: Tracksuit trousers

T-shirt, shorts

Swimming costume

Sweatshirt or similar

Old woollen jumper

Old trainers or daps

Indoor footwear

Spare warm, woolly jumper or fleece

Warm coat

Waterproofs

Woolly hat and gloves

Old towel

Wellies/sturdy walking boots

Water bottle and lunch box

Torch (check batteries)

2 or 3 plastic sacks/bags to bring wet gear home in

Sun block, sun hat and sunglasses if hot

Comfy casual clothes for travelling/visits etc.

Please make sure everything is NAMED

If you have a **small rucksack/backpack**, it would be very useful if you bring it along for taking things you'll need throughout the day. Don't forget a **packed lunch for the first day** and you will need to keep your activity kit and waterproofs with you as well.

We are able to hire or sell some items of personal kit, including boots, rucksacks and sleeping bags. Please ring our office if you require further information or look at our web site.

(c:\resident\kitres.wps)